

# GETTING SCRAPPY WITH

# food2soil

Building soil and community from scraps



## ALL PARTS OF FRUITS & VEGGIES

including spoilt produce

chop whole items into smaller pieces



## RAW & COOKED PASTA, BREAD, RICE

including legume based items

no sauce or cheese



## COFFEE & TEA

filters okay - remove staples

no nylon teabags



## EGGSHELLS



MEAT  
FISH  
BONES  
DAIRY  
PLATE-SCRAPS  
GREASE

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